

ALLERGENS FORM

Please indicate clearly below if you are any of the following:

Yes/No

Vegetarian
 Vegan
 Coeliac
 Gluten free
 Diabetic

Please can you indicate next to the allergy if you have an intolerance to any of the following:

| ALLERGY Yes/No | | ALLERGY Yes/No | |
|---------------------------------|--|-------------------|--|
| MILK | | CELERY | |
| EGG | | MUSTARD | |
| CEREAL (INCLUDING GLUTEN) | | FISH | |
| SOYA | | CRUSTACEA | |
| PEANUT | | MOLLUSK | |
| TREE NUT | | SULPHITES | |
| LUPIN | | | |

If you have any other allergens or intolerances, not mentioned above, please note them here and return this to the office. Thanks



DATES & PRICES FOR RESIDENTIAL GATHERINGS 2020

Please note only one gathering a year is subsidised

FULL COST SUBSIDISED COST

Whalley Abbey, Blackburn. Tel (01254) 828400

Led by Alan Meek Tel (01505) 326294

Mon 20 - Fri 24 July **£265 £132.50**

Day visitor £27 includes coffee, two course lunch & afternoon tea.

Stanton House, Oxford. Tel (01865) 358807

Led by Sue & Peter Renwick Tel (0208) 9231581

Tues 1 - Thurs 3 Sept **£170 £85.00**

Day visitor £30 includes refreshments and lunch.

Marian Dunlop House, Dorchester. Tel (01305) 251396

Led by Vanessa Bray Tel (01425) 273854

Fri 27 - Sun 29 November **£140 £70.00**

(This is a 'Silent Gathering')

Day visitors must inform the venue and Group Leader of their intent to attend (for dietary requirements and for the necessary administration)

Marian Dunlop House (MDH) Quiet Days

Saturday 15 February, Saturday 13 June & Saturday 12 September

These will be led and catered for by members of the local group. Lunch (hot soup and roll etc) needs to be pre-booked at £4. Please make this clear on your application form for catering purposes. You are welcome to stay over in the house prior to this event, self catering (£15 pppn) or pop along for a morning or afternoon meditation session, to suit your convenience, but please notify the office of your intentions.

NEW FOR 2020 — We became affiliated members of The **Quiet Garden Scheme in 2019**. The garden (only) is open for members and their guests to attend on the following dates; **Sat 6 June, Sat 4 July & Sat 8 August from 12 noon through to 4pm**. If you are in the area, please do pop in for a visit—a warm welcome awaits you!

Please make a note of your own preferences here and keep this page for your own future reference. I have booked:

1.(subsidised)
2.(full cost)

Deposit paid £

Amount owing and by what date required £
(5 weeks before date of gathering) Date

When completing the form overleaf, please return it with a **non-refundable** deposit of **£15** for each gathering (made payable to The Fellowship of Meditation) and understand that the balance will be required **five weeks** before each gathering booked.

Please note: cancellations should be notified to the office. If a cancellation has to be made less than three weeks before, we will be unable to make any refund (less the non-refundable deposit).

Those who are genuinely unable to attend a gathering because of the cost have always been welcome and will always be welcome to apply to the office for a further subsidy in the strictest of confidence.

A minimum of SIX participants is required for all residential gatherings to take place.

APPLICATION FORM FOR RESIDENTIAL GATHERINGS 2020

Please complete this form in block letters and return it to the usual office address along with your deposit (s).

Name (Mr/Mrs/Miss)

Address

.....

.....

Telephone No.

Email address

I would like to attend the following gathering(s);

1.(subsidised)
2.(full cost)

Deposit (s) enclosed £.....

Dietary requirements, please complete the form over the page fully.

Requests ground floor room on mobility grounds: Yes/No (not applicable at MDH, Dorchester)

I am willing/not willing to share a room.

Signature Date